



SANTA MONICA ORTHOPAEDIC
AND SPORTS MEDICINE GROUP

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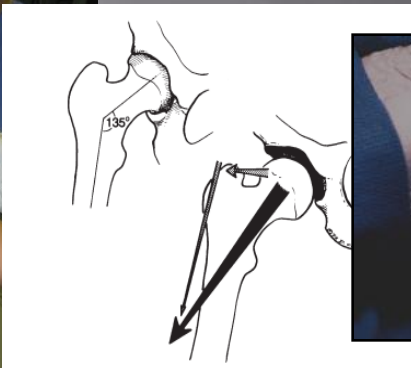
Team Coverage

- Chivas USA Professional Soccer
- LA Galaxy Professional Soccer
- US Mens National Soccer Team – International friendly matches, world cup qualifying and FIFA tournaments!
- High School Football – Malibu HS and St. Monica's HS



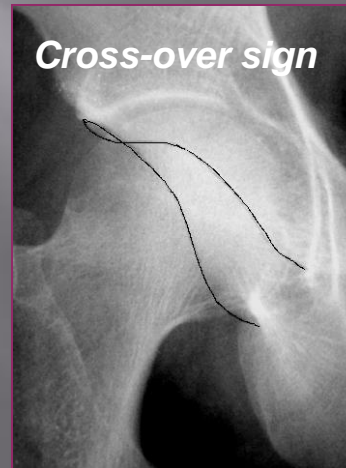
Overview of Hip and Groin Service

- Hip Arthroscopy – A to Z
 - Diagnosis, Exam, Indications
 - Treatment algorithms
 - Patient positioning and set-up
 - Cutting edge techniques in Hip Arthroscopy



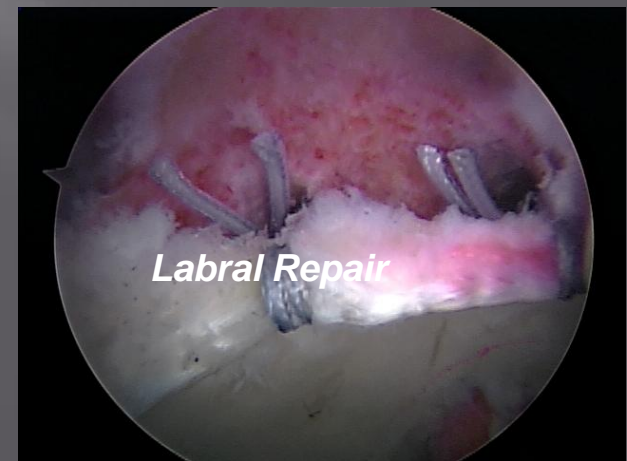
Overview of Hip and Groin Service

- FAI
 - Femoroplasty for Cam types
 - Rim Trimming for Pincer types



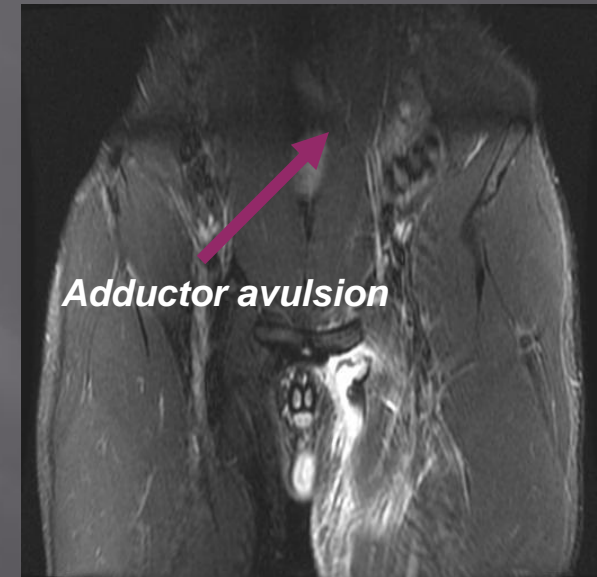
- Labral Repair
- Snapping Hip
- Trochanteric arthroscopy

*Fellows involved in ~100 hip arthroscopy procedures per year



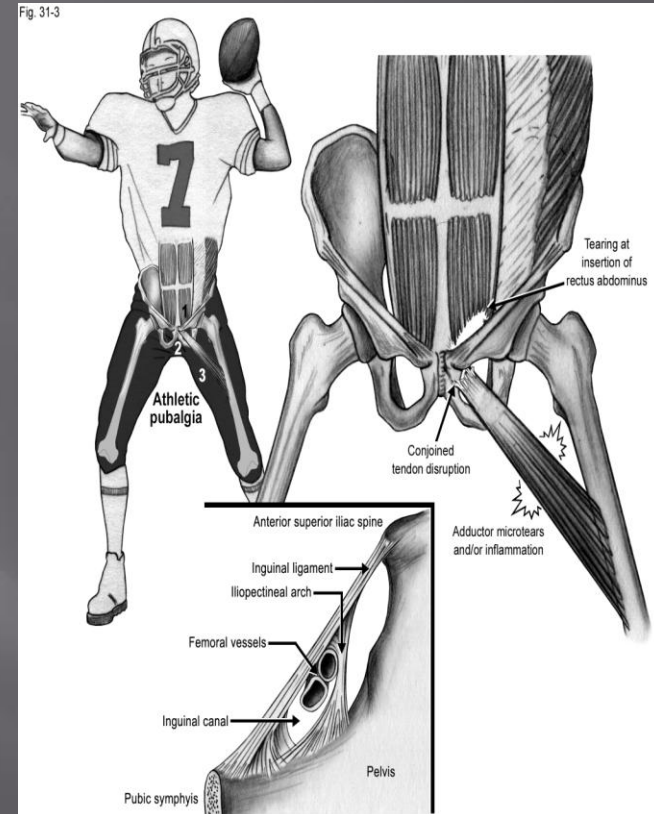
Overview of Hip and Groin Service

- Repair of soft tissue avulsion injuries
 - Proximal hamstring repair
 - Adductor repair
 - Gluteus medius/ Abductor repair



Overview of Hip and Groin Service

- Sports Hernia
 - Recognizing the problem
 - Review of the literature
 - Interpreting imaging studies
 - Making the diagnosis – physical exam pearls
 - Treatment algorithm
 - Conservative
 - Surgical



*Surgical Collaboration with General Surgeon (Dr. Bill Hutchinson) – invaluable hands on experience!

Research and Education

■ Research Focus

- FIFA Hip and Groin Injuries (HGI) in Professional Soccer Players
- Clinical, Basic Science and Biomechanical studies - HGI
- Use of Orthobiologics in sports medicine (AJSM Oct 2009)
- Fellow requirement: one project involving HGI (chapter, research project/manuscript, or DVD project)

■ Educational involvement

- AANA Hip Arthroscopy Course Faculty
- Arthrex Teaching Symposia - Lecture and Labs
- Fellows Annual Articular Cartilage Course
- Monthly Fellowship Lecture Series - HGI topics

